

THE IMPORTANCE OF MENTAL HEALTH



Family & Children's Services of Mid-Michigan (FCS) is a private, non-profit, non-sectarian, multi-service agency specializing in quality treatment and support services designed to nurture family relationships and **enhance the well-being of individuals**. Since 1925, FCS has been developing new programs and initiatives as needs are identified within the community to build relationships and foster growth.

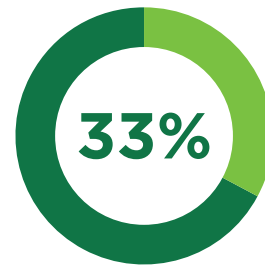
AGENCY STATISTICS



\$20,000

One third of our clients earn less than \$20,000 per year and more than half are of low to moderate income.

We saw 159 clients in crisis in 2018, that's more than 3 each week.



One third of our clients are under the age of 18.

The FCS Youth Services Program provides free mental health counseling to Midland County youth ages 12-17 in their schools and at The ROCK Center for Youth Development.

YOUTH AND ADULT MENTAL HEALTH STATISTICS



50%

of chronic mental health conditions begin by age 14 and **75%** by age 24

20%

of teens will experience depression

75%

of teens we have seen in schools have had thoughts of self-harm or suicide



ONE IN FIVE

Adults experience a mental illness and only **41%** received treatment last year.

The American Economy loses **\$113 billion** a year from untreated mental health disorders.



90%

of substance users experienced trauma

60%

of substance users have a mental health disorder

33%

of people who used drugs for the first time used prescription drugs and 70% of them received them from a friend or relative



MICHIGAN

ranks **18th** nationwide for overdose deaths and also ranks **10th** nationally in prescribing rates for opioid pain relievers

2356

people in Michigan died in 2016 from overdoses, more than from car accidents.

Our Vision: For everyone to feel welcome to come as they are and leave as they want to be.

Our Mission: We inspire hope and well-being for people of all ages by providing counseling, education and support.

Family & Children's Services depends on the generosity of donors like you to offer high quality services to our community. Your tax-deductible gift to Family & Children's Services helps people receive high quality, much needed services to assist them through all of life's changes. Please visit: www.fcs-midland.org

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