

Great Lakes Bay

# MOM PROM

**It's a prom to help moms!**

Saturday February 25, 2023

7:00pm to 11:00pm

Great Hall, Valley Plaza, Midland

Break out that old prom dress or your best Mardi Gras attire and get ready to dance the night away at the biggest ladies night out of the year!! Join us for a night of fun...**MARDI GRAS MASQUERADE**



Mom Prom is a ladies night out (21 and over) to help moms and families but you don't need to be a mom to attend. All funds raised will go towards supporting the mission of Family and Children's Services including mental health, wellbeing, education, and support.

- **Appetizer Buffet**
- **Dance Floor**
- **DJ**
- **Silent Auction**

- **Cash Bar**
- **Dessert Table**
- **Photo Booths**
- **Prom Queen Prize**

 **GreatLakesBayMomProm**  
989.631.5390  
fcs-midland.org



Proud to be part of the national Mom Prom movement!

 **family &  
children's  
services**



Please support the Great Lakes Bay Mom Prom, an event to benefit Family & Children's Services, by donating an item for our Silent Auction or Raffle.

Our 7th annual Mom Prom will be held on Saturday, February 25, 2023 from 7:00 pm to 11:00 pm at the Great Hall at Valley Plaza Resort. Over **500** tickets were sold to gain entry to Mom Prom in 2022. Your support of this ladies only event is a unique opportunity to not only support the vital work of Family & Children's Services, but to also gain the loyalty of 500 women from across the Great Lakes Bay Region who appreciate companies that support the issues that concern our community.

#### What Is Mom Prom?

A "Mom Prom" is a massive girls' night out – a chance for women 21 and older to get together and dance, eat, drink, talk, laugh, pose for pictures with their friends, relive some of their own glory days, and make new memories. It's also a fun way to support an important cause because all funds raised support the mission of Family & Children's Services to inspire hope and well-being by removing barriers to accessing mental health treatment.

#### What Is Family & Children's Services?

Founded in 1925, Family & Children's Services of Mid-Michigan (FCS) is a private, non-profit, non-sectarian, multi service agency. Our mission is to inspire hope and well-being for people of all ages by providing counseling, education and support. Since its inception, FCS has continued to develop new programs and initiatives to meet needs identified in the community. We are unique in that we turn no one away regardless of presenting concern or ability to pay.



#### Our Services

- Mental health counseling for individuals and families
- Crisis services
- Child & Youth Services
- Pregnancy & Post Pregnancy Services
- Addiction & Recovery Services
- Sexual Orientation & Gender Identity (SOGI) Services



Public health experts are predicting a tsunami of coming mental health needs due to the COVID-19 pandemic. In a survey conducted by the Centers for Disease Control last June, nearly half of American adults reported that their mental health had been negatively affected by the COVID-19 pandemic and 11% had seriously considered suicide in the last 30 days. Many people in our region are also still coping with the devastation of the flood caused by the failure of two dams last summer.

FCS is the call for help made by over 1,000 people each year. The majority of those we serve have always been of low to moderate income and over 40% of our clients report incomes of under \$20,000 per year. We are unique in that we turn no one away, regardless of age, presenting concern, ability to pay, or any other factor. We offer many free programs, including crisis services, counseling to youth in their schools during the school day, a summer day camp for teens involved in the juvenile justice and community mental health systems. Paid counseling services are offered on a sliding fee scale so that those with the lowest income pay the lowest fees. Client scholarships are also available, as deductibles and co-pays can be barriers to accessing care even for those who do have insurance.

Early intervention for mental health problems can prevent or lessen behaviors and experiences that can have long-term negative consequences not only on the individuals themselves, but also impact the entire community including unemployment, homelessness, involvement in the criminal justice system, substance abuse, self-harm, and even suicide.

Only 41 percent of Michiganders with mental health problems received treatment last year. Your support can help to change those numbers by making sure that those who need treatment are able to receive it. Mom Prom is at its simplest an event to help moms and families and we would be grateful for your support!



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Great Lakes Bay



## Donation Form

Founded in 1925, Family & Children's Services of Mid-Michigan is a private, non-profit, non-sectarian, multi-service agency. Our mission is to inspire hope and well-being for people of all ages by providing counseling, education and support. Since its inception, FCS has continued to develop new programs and initiatives to meet needs identified in the community. Current programs offered by include: mental health counseling for individuals and families, crisis services, addiction and recovery services, youth services, pregnancy and post pregnancy services, sexual orientation and gender identity (SOGI) services, and Employee Assistance Programs.

**AUCTION ITEM DEADLINE:** Silent Auction items must be received by Family & Children's Services **NO LATER** than **Thursday, February 10, 2023.**

Items, along with this donation form, can be dropped off or gift certificates mailed to: **Family & Children's Services, 1714 Eastman Ave, Midland, MI 48640.** We are open Monday through Thursday from 8:00 am to 6:00 pm.

For further information or to arrange for pick-up of an item, please contact: **Andrea Plouff at 989.631.5390 x3308 or [aplouff@fcs-midland.org](mailto:aplouff@fcs-midland.org)**

Company: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: (        ) \_\_\_\_\_

E-mail: \_\_\_\_\_ Web-site Address: \_\_\_\_\_

Item: \_\_\_\_\_ Value \$ \_\_\_\_\_



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