

Client Story

Inspiration and Hope shared with FCS in 2023 through United Way

Connie had vacation on her mind. They were looking forward to kicking off the year with a few relaxing weeks in sunny Florida. Little did they know; their lives would be completely different than they planned.

After a few days in Florida, Connie's back was in so much pain she couldn't get out of bed. Needing to get back to Midland for treatment, Connie rode the 26 hours home in an ambulance. An MRI showed that Connie had several fractures that were causing the unbearable pain.

"By the time I was discharged from my surgery and recovery, it was already February," shared Connie. "Little did we know the struggle had just begun."

Her husband needed a pacemaker, which seemed like a routine procedure. Because of a complication, instead of healing, her husband was in intense pain. After another surgery and an eight-day stay in the hospital, her husband was home and they hoped that was the end of the hardships they would face in 2020.

Connie felt herself slipping into the darkness. Overwhelming anxiety took over and she wasn't sure if she'd be able to handle one more thing happening.

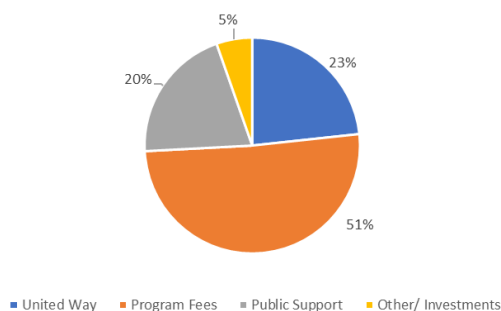
That's when the dams broke. That's when Connie broke. Unplanned surgeries, hospitalizations, a global pandemic, and a 500 year flood. It was all too much.

Connie knew she needed help so she made the call and scheduled an appointment with a therapist at Family & Children's Services. Through conversations with her counselor, Connie gained the strength and courage to face her pain. It helped her to rebuild what had fallen apart. It brought her back to balance and peace.

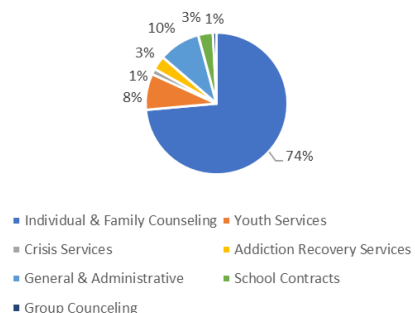
"How anxiety impacts you and how you respond is unique to you. No better, no worse than your neighbor. Just different," she said. She continued to share a Stephen Hawking quote, "if you feel you are in a black hole, don't give up-there is a way out."

Counting our blessings

2023 Sources of Revenue



Expenses by Program



By the numbers

WE MAKE QUALITY MENTAL HEALTH SERVICES ACCESSIBLE TO THOSE MOST IN NEED

- We offer free, same-day Crisis Services to those who may have no where else to turn.
- 100% of people who contact us in crisis are connected with a therapist or Access Specialist within 24 hours
- 100% of clients at risk for self harm have a safety plan
- More than half of our clients are low to moderate income

WE MAKE A DIFFERENCE

- 94% of FCS clients say our services have improved their lives
- 99% of those who reach out to us for support receive help within 48 hours
- 96% of clients say their therapist helps set goals specific to their needs and concerns
- 95% of counseling clients meet their therapeutic goals

WE SERVE PEOPLE OF ALL AGES

- One in five of the adults we serve are age 65 or older
- There was a 40% increase in Senior Services clients served
- 40% of our clients are under age 18
- We participated in 750 appointments in Midland County schools during the last school year

Give the gift of support this holiday season



